

TRANSFORMING WORKPLACE WELLBEING

A Simple Executive Briefing



Employees Benefit Ltd

Workplace Wellbeing Made Simple.

1. Why This Matters: *The Cost of Doing Nothing*

Absenteeism



Missed work due to illness

Presenteeism



At work but not productive

Staff Turnover



High employee turnover

- ✓ Early Support Helps
- ✓ Boosts Morale & Productivity
- ✓ Creates a Positive Culture
- ✓ Creates a Positive Culture

Poor Mental Health Costs the UK **£51 Billion** per Year

2. Why Invest: *The Return on Investment (ROI)*



£4.70–5.30

For Every £1 Invested In Wellbeing Support

(Deloitte 2024/25 report)

- ✓ Early Support Helps
- ✓ Boosts Morale & Productivity
- ✓ Creates a Positive Culture

“Tick-Box” Approaches Aren’t Enough.

3. Changing Legal Responsibilities



1. Prevention

Proactive tools and training to stop issues.



2. Education

Educating leaders and employees on mental health and support options.



3. Intervention

Rapid access to help and mental health referral pathways.



4. Clinical Care

Evidence-based therapies and recovery plans.



5. Sustainability

Building a lasting wellbeing culture.

Key message: A basic **“Tick-Box”** Approach is no longer enough.

5. Conclusion



Building a **Proactive Wellbeing** System Creates a Healthier, More Productive Workplace.

Partner with **Employees Benefit Ltd** to Strengthen Your Workplace Wellbeing.

www.employees-benefit.co.uk

